

Motor Learning in Physical Education and Athletics

Dates: June 18-21, 2007

Location: Washington High School
956 – 20th Street, Ogden, UT

Time: 8:00 a.m. – 12:00 p.m.

Credit: 17 Recertification Points or 1 Hour USOE Lane-Change Credit

Instructors: TBA

Course Contact Information:

Mitch Wilcox 801-430-6274 wilcoxm@m.ogdensd.org

Registration Fee:

\$75 **Registration fee to:** Ogden City School District

Send registration form to:

Mitch Wilcox
Ogden City SD Athletic Director
Washington High School
956 – 20th Street
Ogden, UT 84401

Course Description:

This course will examine skilled movement in physical education and athletics as it relates to teaching and coaching. It will include how movement patterns change as a child grows and matures and how skilled movements change over the course of a lifetime. The course will also illustrate the value of practice and conditioning on improved activity performance. An assignment is required for USOE credit.